

WHAT CAN YOUR HIGH SCHOOL
COUNSELOR DO FOR YOU?

Carl Junction High School

Arrange
for credit recovery.
Maintain
your transcript.



Introduction to the CJHS Counselors

CJHS COUNSELING OFFICE STAFF

Sarah Neldeberg, Counselor

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Kristy Jones, Counselor

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Teresa Boyer, Counselor

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**Counselors and Counseling Department do not maintain 24-hour access to email accounts. In the event of a counseling emergency, please call 911 or the [National Suicide Prevention Lifeline](#) at 1-800-273-TALK (8255).*

YOUR SCHOOL COUNSELOR WILL HELP YOU...

- Progress toward graduation
- Prepare for life after high school
- With Personal Counseling Needs in and outside of school.



HOW CAN YOUR COUNSELOR HELP YOU PROGRESS TOWARDS GRADUATION?

We will help you...

- Develop your six-year plan through [Missouri Connections](#).
- Choose [classes](#) and build your schedule for the following academic year.
- Make [schedule changes](#) when appropriate.
- Arrange to make up failed required credits through [Credit Recovery](#).
- Maintain your official [high school transcript](#).



HOW CAN YOUR COUNSELOR HELP YOU PREPARE FOR LIFE AFTER HIGH SCHOOL?

We will help provide...

- Test preparation materials.
- Information about colleges, technical schools, etc.
- Information about each branch of the military.
- Test score interpretation (EOC, ASVAB, PSAT/NMSQT)
- Career-related information
- NCAA/NAIA eligibility guidelines for students interested in continuing your athletic career after high school.



HOW CAN YOUR COUNSELOR HELP YOU WITH PERSONAL COUNSELING NEEDS?

Professional School Counselors are trained to help...

- Assist you with personal issues with friends, family members, teachers, etc.
- Provide a referral to an outside professional counseling agency.
- Connect to other resources for job, health, home, financial assistance, etc.

Come see us anytime - our doors are always open!

Carl Junction High School has a zero tolerance policy when it comes to bullying. If you observe bullying taking place, please report this to a counselor or administrator as soon as possible.

In addition, as your school counselors, we connect students to resources if they are having thoughts of self-harm or other serious concerns.



Bullying/Violence Reporting Hotline

YOUR FRESHMAN YEAR COUNTS!

- Most colleges decide your eligibility based on your **9th through 11th** grade academic record.
- Begin **NOW** to establish the best academic transcript that you can!



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CJHS Counseling Social Media

ANY QUESTIONS?

Let us know if there is anything we can do for you. We look forward to working with you these next four years!



CJHS Counseling Office